



# MARFORSOC PR/SERE REQUIRED GEAR LIST



## Student must always have on their person during field training:

- ☐ (1) Boonie cover, MARPAT/ACUs OCP, service issued boots, service T-shirt, underwear/PT Shorts and socks (recommended wool/smart wool).
- ☐ (1) LBE/LBV or equivalent, (Pouches to carry equipment)
- ☐ (2) Water carrying devices w/ carriers
- ☐ (1) Canteen Cup
- ☐ (1) First Aid Kit
- ☐ (1) Survival Kit (**Provided**)
- ☐ (1) Fire starting device (**Provided**)
- ☐ (1) Signaling device (Signaling Mirror or Camouflage paint kit w/mirror)
- ☐ (1) Bottle iodine tablets or equivalent (**Provided**)
- ☐ (1) Whistle (**Provided**)
- ☐ (1) Watch (wrist compass or watch compass recommended)
- ☐ (1) Fixed blade knife (**Provided**, personal is authorized)
- ☐ (1) Multi-tool
- ☐ (1) Camouflage paint kit
- ☐ (1) Pair eye protection with **CLEAR LENSES only (Not optional)**
- ☐ (1) Pair gloves (Leather, Nomex Flight gloves, or Mechanix)
- ☐ (1) Note taking Gear
- ☐ (1) Package of map pens and (1) protractor
- ☐ (1) Headlamp w/red lens and batteries or (1) Flashlight w/ red lens and batteries
- ☐ (1) Prescription glasses

## Required field gear (in your pack):

- ☐ (1) Mountain Ruck/ ALICE pack or equivalent
- ☐ (1) 550 cord (Min 50 ft / max 100 ft)
- ☐ (1) MARPAT/ACUs OCP
- ☐ (7) Pair socks (recommended Wool/Smart Wool)
- ☐ (2) T-shirts
- ☐ (2) Pair underwear
- ☐ (1) Camel Back (Third carrying device)
- ☐ (1) Pair of service issued boots(**not optional**), (Students must have a minimum of **two pairs** of boots. The second pair can be neutral colored nonstandard OVER the ankle)
- ☐ (1) E-Tool with cover
- ☐ (1) Poncho Liner
- ☐ (1) Issued Digital Poncho or Tarp
- ☐ (1) Gore-Tex top
- ☐ (1) summer sleeping bag with Gore-Tex Bivvy Shell (Poncho Liner/Ranger roll will suffice)
- ☐ (1) USMC Kit bag/Sea bag/ or Service equivalent (see photos on the last page)
- ☐ (1) addition set of Prescription glasses
- ☐ Waterproof bags (Issued, off the shelf, trash bags – enough to waterproof gear)



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## Hygiene Kit (Required):

- ☐ (1) Field wipes (or baby wipes)
- ☐ (1) Large bottle of Body/Foot powder
- ☐ (1) Sewing kit
- ☐ Females (1) pack of pads minimum. **(No Tampons-Not Optional)**

## Seasonal Items - (1 Oct-15 Apr)

- ☐ (1) Gore-Tex bottom
- ☐ (1) Warming layer top
- ☐ (1) Warming layer bottom
- ☐ (1) Service issued sleeping system (complete)
- ☐ (1) Fleece Cap

## Urban Training Gear:

- ☐ (3) Appropriate Civilian Attire (must have closed toed shoes, and shorts are not permitted)
- ☐ (1) Civilian Go-bag (Recommended, but not required. E.g., Jansport backpack, Northface, fanny packs, purses etc.)

## Optional Items:

- ☐ Compass
- ☐ Bug repellent / uniform spray
- ☐ Toothbrush/Floss
- ☐ Chap stick (non-medicated)
- ☐ Snap link (subdued)
- ☐ Poly sleeping mat
- ☐ Sling rope
- ☐ Bungee cord(s)
- ☐ Petroleum jelly
- ☐ 3-Day assault pack

## Prohibited Field Items:

- ☐ Cell phones or any portable electronic devices other than those issued by PR/SERE Staff
- ☐ Food, Supplements or energy drinks, gels or bars, snacks
- ☐ Medications not approved by MARSOC Medical personnel.
- ☐ Pyrotechnics, or Firearms
- ☐ Alcohol/Tobacco
- ☐ Jewelry (Rings, necklaces, bracelets)
- ☐ Contact Lenses
- ☐ ID card, driver's license, credit card, money of any kind
- ☐ No machetes, swords, or axes
- ☐ No Handcuff Keys

**STUDENTS WHO DO NOT HAVE THE REQUIRED GEAR WILL BE SUBJECT TO A SPOT REPORT.  
ACCUMULATION OF SPOT REPORTS CAN RESULT IN DISMISSAL FROM THE COURSE.**

\*\*\* This list is not all inclusive. No additional items permitted unless noted on this gear list or issued by PR/SERE Staff.



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**Examples of Service issues Sea Bags/Kit bags/ Army Duffle bags:**

